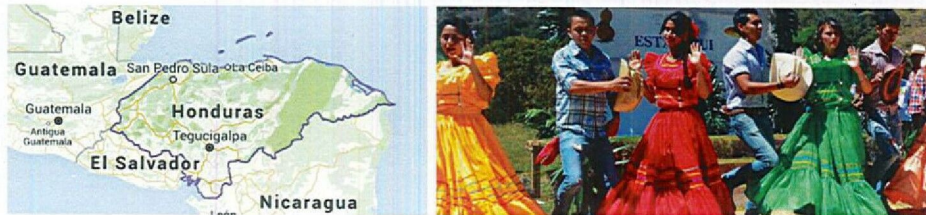


A little about Honduras...

- A diverse, Spanish-speaking republic in Central America
- Ranked as the 6th poorest / least developed country in Latin America
- Its economy is one of the fastest growing in Latin America exporting, for example, minerals, coffee, fruit, sugar cane and clothing
- **Despite this, about 50% of the population, some 3.7 million people, still remain below the poverty line**
- Demand for learning English is high and particularly important to children to give them the opportunity to free themselves from the poverty trap



If you can support me to teach children in Honduras...that would be amazing and I would be extremely grateful!

Thank you for reading about my forthcoming Honduran adventure - I will be writing a blog to record my time there.

Any donation, no matter how small, would be greatly appreciated. If, for any reason, you are only able to make donations directly to registered charities, Project Trust are happy to accept a donation sent to themselves but please mark this carefully with my details so they can allocate to my fundraising total.

Otherwise please make all cheques payable to 'Project Trust' and send to:

Sophie [redacted]

Contact tel. [redacted] Email [redacted]

Thank you so much in anticipation of your support!

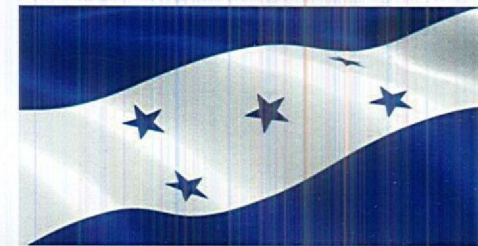
This leaflet was kindly funded by Countrywide Signs, Bury St. Edmunds and designed and produced by www.dl-design.co.uk so there was no need to impact on my fundraising!



Sophie's Volunteering Year in HONDURAS with Project Trust

A Most Worthwhile Experience Between Leaving School and Going To University...

Please Support Me In This Amazing Opportunity!



Volunteer in
HONDURAS



About Me & My Fundraising



"My name is [redacted], I am nearly 18 years old and currently studying for my A levels in History, English & Theatre Studies at [redacted] in [redacted]."

I am delighted to have been selected by the long-established charity, Project Trust, to spend twelve months in Honduras, teaching English to young children, before I take up my university place to study Sociology. I also love Spanish, which I studied to GCSE level and look forward to becoming fluent during my year abroad.

For more details about the work Project Trust is currently undertaking in Honduras, visit <http://projecttrust.org.uk/honduras/>

In order to participate in this once in a lifetime experience...

I need to raise £6,200

I have already raised about 25% of this sum and have various fundraising initiatives ongoing (i.e. babysitting, selling unwanted items from home online, singing and serving at fundraising lunches, a raffle, holding fundraising events at school, etc.) This leaflet is to increase awareness of what I am doing and will hopefully generate some more funds to help me on my way..."



Changing lives, year in...year out...

Established in 1967 Project Trust is an educational charity, sending school leavers in their year out, to work voluntarily in over 20 countries. The charity's aim is to provide volunteers with an educational experience through living and working alongside people in local communities, very different to those in which they have grown up themselves, and without taking work from local people.

Volunteers are chosen over a rigorous four day selection course, trained and briefed prior to going overseas and debriefed on their return. The charity also provides extensive support while volunteers are abroad.

Project Trust uses the monies I raise as shown below to fund my placement:



Project Trust has been running their programme in Honduras since the early 1980s, having sent over 300 volunteers there to date.

Project Trust, The Hebridean Centre, Isle of Coll, Argyll, PA78 6TE

01879 230444 info@projecttrust.org.uk www.projecttrust.org.uk

Company no. 170673 Registered as Charity in Scotland No. SC025668





About Me

My name is **Holly-Rose** [redacted]
and I am currently a student
at [redacted]

Project Trust will be sending me
to China for a year to teach
English as a foreign language.

It has always been my dream
to visit China and I wish to
pursue a career in
international relations and
learn foreign languages.

The Project

Project Trust is a registered charity
which sends 200 young people, aged
17 to 19 from the UK and Europe, to
different countries in America, Africa and
Asia to volunteer and make a difference
to a community for 1 year or 8 months.

This charity has given young people
the opportunity to explore and immerse
themselves in an entirely new culture
and your kindness can help me
experience this too.



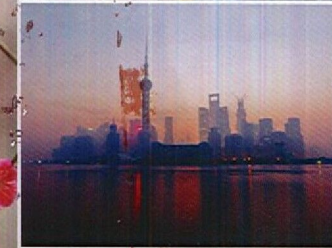
project
TRUST

The Hebridean Centre, Isle of Coll, Argyll PA78 6TE
T: 01879 230 444 • F: 01879 230 357

Email: info@projecttrust.org.uk • www.projecttrust.org.uk
Charity number: SCO25668 • Company number: 170673



Raising money to teach English in China

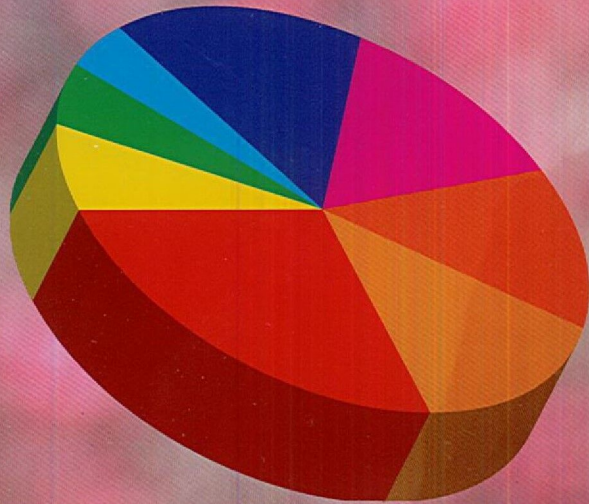


project
TRUST

Fundraising

Before I fly in September, I must raise **£6,200** that will fund my year. Fundraising on its own is a learning experience, but I cannot do it alone! If you would be kind enough to help me raise this money or help out during fundraising events I would be so grateful. Every donation no matter how small makes a big difference!

The following chart shows expenditure and where the money will go.



- 7% recruitment
- 6% fundraising
- 5% volunteer insurance
- 16% selection, training and debriefing
- 13% overheads
- 13% operating expenses
- 15% travel
- 25% support overseas



China

The people's Republic of China is the 4th biggest country in the world with a population of over one billion! The most commonly used language in China is Mandarin which I will learn a lot of when I go there.

China's culture and history makes it such a wonderful and interesting place to be and it is somewhere I would love to be teaching English in.



Contact Info.

Thank you so much for taking time to read this leaflet. If you would like some more information, please contact me through email or letter.

Any kind of donation is largely appreciated, even if it is raffle prizes, venues to hold fundraising events and even some advice etc.

Please do make all cheques payable to **Project Trust** and send to,

Holly-Rose

Mobile:

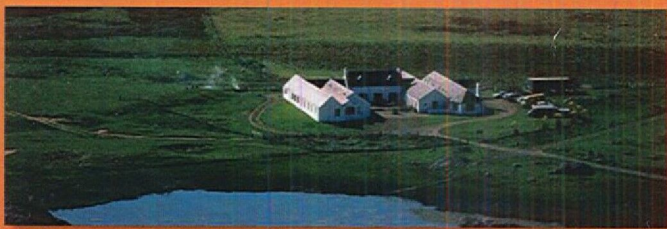
Email:

*Thank you
for your
donation!*

A BIT ABOUT



Project trust has been sending volunteers abroad since 1967. They send around 300 school leavers each year to do teaching, social care and outward bound projects in countries where these areas are lacking. This year I have the privilege of being one of those 300. They are primarily an educational charity that allows young people such as myself to develop important skills, and share the skills they already have with the communities in which they are placed.



Project trust centre on the Isle of Coll

Write to the address below:

Project Trust
The Hebridean Centre
Isle of Coll
Argyll
PA786TE
Tel: 01879 230 444
Email: info@projecttrust.org.uk

HOW TO GET IN TOUCH OR DONATE

If you do wish to know any more details of what I will be doing please
Visit my facebook page:

email me at:

call/text me on:

Any questions are welcomed.

To donate please go to:

Or write a cheque made payable to
project trust and send to:

Sarah

TO REACH PROJECT TRUST

If you would like to know more about
project trust and who they are visit:
projecttrust.org.uk

Project Trust is a registered charity
Charity number: SC025668
Company number: 170673

MY YEAR TEACHING IN INDIA



MORE ABOUT ME



Hi, my name is Sarah. I am currently studying A-level Biology, Psychology and Classical civilisation at

[REDACTED] I hope to continue biology at university, but before I do this I have the privilege of spending a year in India teaching primary school children.

WHY I WANT TO GO

Project trust offers an opportunity that I will never have again. Not only will I be able to get involved and help the people of a community entirely different from my own, half way around the world, I will also be able to develop as an individual. I hope that I will return at least a little wiser about the world I live in, and the people I share it with.



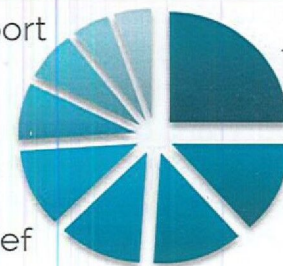
India is an Incredible country of cultural diversity, but because it is still developing many areas of the education system are still lacking, and need all the help they can get in order to provide what the children deserve. The culture is an amazing mix of religion, language, art and more, and yet 90% of the population still live in poor and rural areas that need support.

WHAT I'LL BE DOING

While in India I will be teaching primary school children basic subject skills. Since I will be living in the community where I work I will be able to take part in local projects, getting involved in any way I can. I also hope to set up after school clubs and work more with the children. As I am working in a school I will be able to do some travelling during breaks between term time, and experience the culture.

HOW THE MONEY WILL BE SPENT

- 24% Overseas support
- 13% Travel
- 12% Administration
- 11% Operating cost
- 11% Selection
- 8% Training & debrief
- 7% Recruitment
- 5% Volunteer Insurance
- 5% Fundraising



FUNDRAISING
£6200
(615685 INDIAN RUPEES)

It will of course be difficult to raise this figure, but through a number of different events, including cake sales, raffles and a sponsored activities I hope to be able to make up the money. Never the less any donations, large or small would be a great help and I would be incredibly grateful, as this exciting project will not go ahead without the all important funds. If you would like to donate, there is information on the back of the leaflet.

project
TRUST since 1967

Project Trust is an educational charity which has sent school leavers overseas for nearly 50 years.

Volunteers are provided with an educational experience by living and working alongside people in very different communities to their own, but without taking work from locals.

Volunteers are selected and trained during residential courses at the headquarters on the Isle of Coll. Extensive support is provided before, during and after the year abroad.

Project Trust is a registered charity.

Charity Number: SC025668

Company Number: 170673

Website: www.projecttrust.org.uk/

Telephone: 01879 230444

Email: info@projecttrust.org.uk

The Hebridean Centre,
Isle of Coll, Argyll,
Scotland, PA78 6TE

**PLEASE GET
IN TOUCH!**

Thank you for taking the time to read this leaflet. If you would like further information, please don't hesitate to contact me.

Website:

[Redacted]

Telephone:

[Redacted]

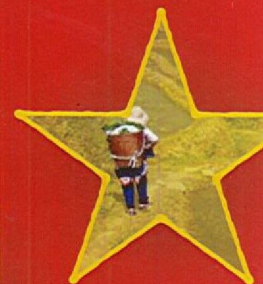
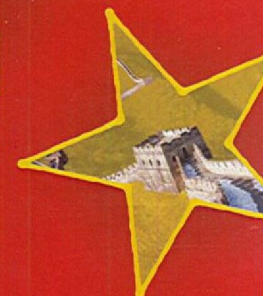
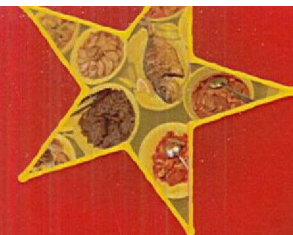
Email:

[Redacted]

Tom

[Redacted]

Any donation (no matter how small) would be greatly appreciated. Please make cheques payable to Project Trust, and send them to my address, which is given above.

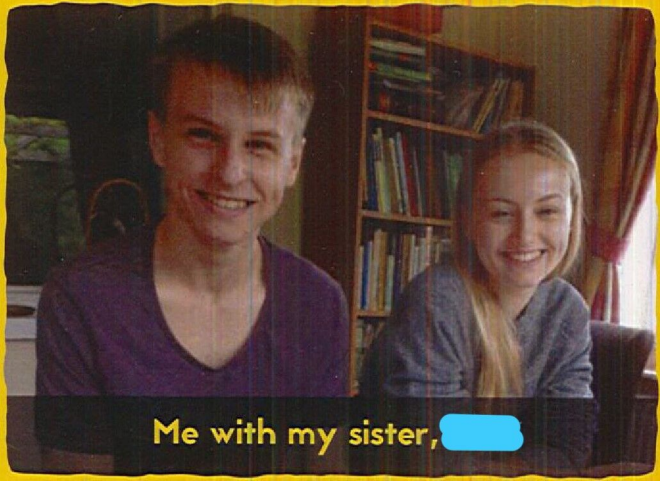


**TOM'S YEAR IN
CHINA
WITH**

project
TRUST

A year to be proud of...

ABOUT ME



Me with my sister, [redacted]

Hi! I'm Tom. This is my final year of A-Levels at [redacted] and I'm planning to study Computer Science at university.

After Project Trust's rigorous Selection course on Coll I decided to teach English in schools in China.

At school I'm taking Maths, Physics, Computing and Ancient Greek - quite different to the other subjects - but it has given me a greater understanding of English which will help me teach it.

I hope to gain confidence and maturity from this year, not to mention a broader perspective of the world and a greater understanding of China's fascinating culture.

FUNDRAISING

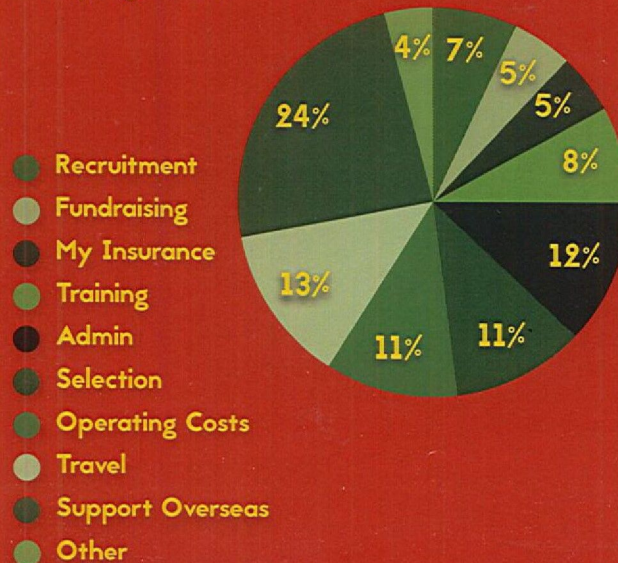
An amazing opportunity like this year abroad doesn't come cheap. My aim is to raise a total of:

£5,900

I have already started with part-time employment; working for friends and family; and selling cakes at school.

Also planned are fundraising events including: a bag-pack at a local supermarket; a quiz evening; and a sponsored event.

This fundraising goes to Project Trust and pays for:



CHINA

China is a hugely diverse country in terms of religion, culture, geography and language. It has a long and fascinating history, much of which is still in evidence today.

Varying from modern cities such as Beijing to rural areas virtually unchanged for hundreds of years, China offers a unique blend of old and new.

Litho and Instant Printing

- Business Cards
- Compliment Slips
- Personal Printed Envelopes
- Wedding/Funeral Order of Service
- Menus/Posters
- Calendars/Keyfobs
- Letterheads
- Duplicate Pads
- Flyers/Leaflets
- Raffle Tickets/Invites
- Postcards

... and lots lots more!



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www.classiquedp.co.uk



Hi, I'm
Kirstin

I am currently in my final year of school studying for my Advanced Highers in Biology, Chemistry and English as well as a GCSE in photography.

In early June 2014, I attended a 4-day residential course on the Hebridean Isle of Coll. After a week of fretful waiting, I received my letter offering me a place on one of Project Trust's 12-month projects overseas.

During my year overseas I will be teaching maths and science in Guyana at the equivalent of GCSE level to students who are likely to be of a very similar age to myself.

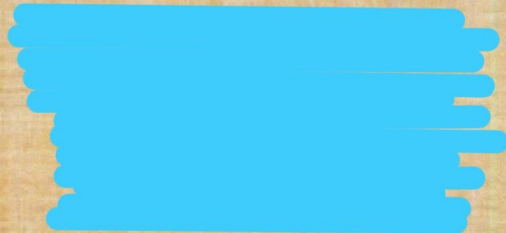
I will depart from the UK in September 2015, aged 17 and extremely excited!

CONTACT

Any donations, big or small, will be greatly appreciated.

Raffle prizes, event venues, or anything else are all very welcome!

Please make all cheques payable to Project Trust and send to



Email:

Blog: www.ayearinguyana.wordpress.com

Facebook:

To donate online, please visit:

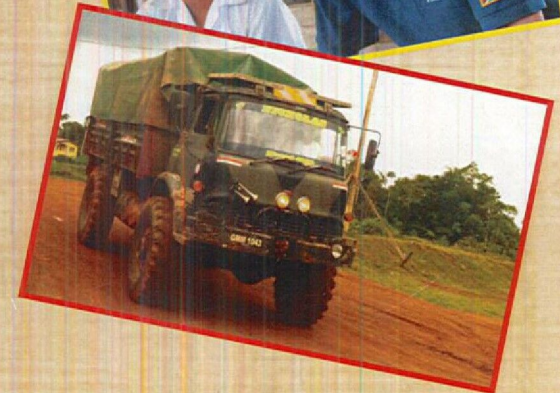


Project Trust:

www.projecttrust.org.uk

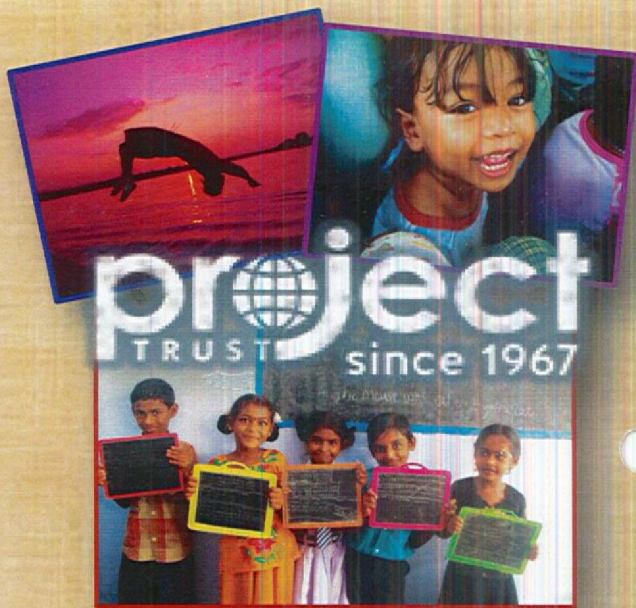
Tel: +44 (0) 1879 230444

Thank you very much for taking the time to read my leaflet.



KIRSTIN'S YEAR IN GUYANA





Project Trust are an educational charity that specialise in sending school leavers to Asia, Africa or the Americas for 8-12 months.

Volunteers must attend the selection course to be offered a place on one of the projects and are strongly encouraged to fundraise for their year abroad. Because of the length of time the volunteers spend in their country of choice, they truly get to learn about and appreciate the country they go to. Furthermore, all volunteers undertake work the locals cannot do (e.g. English teaching) so are not detrimental to the local economy.

Every year, Project Trust send 280-300 volunteers overseas. Their wealth of experience has earned them a place as one of the most widely respected gap year organisations in Britain.

FUNDRAISING

To be able to depart
in September 2015 I need to raise

£5,900



Willem teaching in Guyana

I have already planned a stall at a school fun day, but whilst I organise several large fundraising events I have in the works, I am using this leaflet to raise awareness to my cause. Hopefully it will also raise some funds to help me on my way!

GUYANA

Guyana is a small, English speaking South American country situated on the north of the continent. 80% of the land surface is covered in pristine tropical rainforest, with other regions of coast, mountains and savannah—the narrow coastal strip accounts for only 4% of the land surface but is home to 90% of the population.



Guyana's population is as diverse as its geography, though it remains the home of the native Amerindian people. Due to its tumultuous history of colonisation, it is also home to people of African, Portuguese and Chinese descent, amongst others.

This small country boasts a stunning variety of flora and fauna. Jaguars, giant otters, capybaras and harpy eagles can all be spotted here, as well as numerous species of frog, such as the dyeing dart frog, below.



Fundraising

To take up this amazing opportunity I need to raise a minimum of £5,900 .

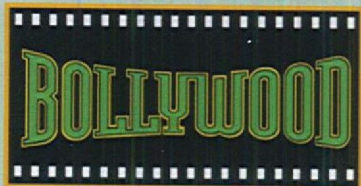
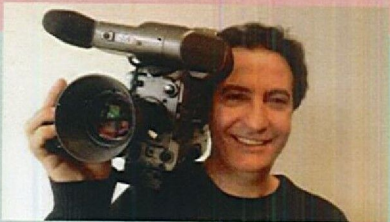
The money will go to Project Trust which uses it to fund 3 weeks' residential training on the island of Coll (to ensure I am properly trained to be able do well in Malawi and to contribute to the Global Citizenship programme in schools when I return). It will also cover all the other costs associated with living and working in Malawi for a full year.

To do this I will be holding a number of events throughout the year including:

- * A Bollywood night at the Community Centre
- * An independent filmmakers' evening
- * Stalls at fairs
- * A sponsored swim on new year's morning
- * Coffee Mornings
- * Babysitting
- * Photoshoots

And more things to come...

These events should be great fun and I'll be looking for as many people as possible to come along or get involved so please contact me if interested.



Contact

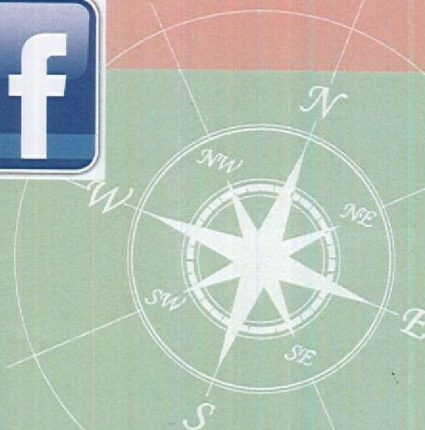
Thank you for taking time to read about my year in Malawi!

I will be keeping everyone updated through my Facebook page: [redacted]

If you would like to contact me to find out more about what I am doing, are interested in events or want to find out more about Project Trust please contact me through my email [redacted]

If you could offer any donations in the form of raffle prizes, things to sell or advice please do also get in contact!

If you would like to make a donation I have a Virgin Money Giving site set up [redacted] or you may send me a cheque payable to Project Trust .



Printed by: [redacted] ServicePoint

Help Me Make a Difference in Malawi!



project

TRUST

[redacted]
[redacted]

My Year in Malawi

I have been selected by Project Trust to volunteer for 12 months in Malawi working as a teacher in a school or orphanage. A full year in the country means that I will be able to fully immerse myself in the community, and I will work hard to make a real impact.

In addition to teaching, I will use the skills I have developed over the last two years to set up extra curricular activities such as art clubs for children.

And I hope to share what I've learned from the people and culture in Malawi with people in the UK through the Global Citizenship initiative when I return home.

Malawi

Malawi is an African country, which is slightly smaller than England.



Despite being one of the poorest countries in the world, with over half the population living below the poverty line, Malawi is known as the "warm heart of Africa" due to the positivity of the population. Despite the many challenges that the country faces.

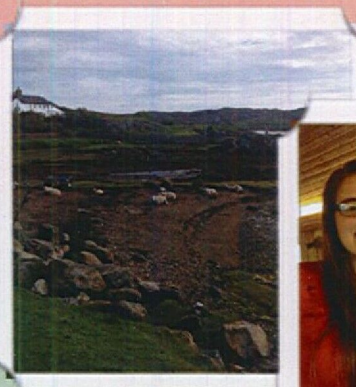
About Me

My name is Lilidh [redacted] I am 17, head girl at [redacted], and a volunteer with a number of different organisations.

My voluntary work includes helping at [redacted] for children with additional support needs; running a local children's drama group, helping at [redacted] and visiting elderly people at a care home every week. I am also a teaching assistant at [redacted].

All this experience has helped me to gain skills that I will use in the work I will do in Malawi.

In the future I hope to go to university and become a teacher, I feel that my time in Malawi will give me invaluable experience in teaching and help me gain skills I will be able to use in the future as well as making a real difference now.



The Isle of Coll

The Selection Course Ceilidh!



Project Trust

Established in 1967, Project Trust is the UK's longest running overseas educational charity. It targets help where it is really needed and never takes work away from local people, which is one of the main things that really attracted me to do this

The Trust also ensures that volunteers have time to explore their host community's values and beliefs, as well as question their own, to gain a Global Citizenship award. Returned volunteers can then share their overseas experiences with young people in the UK through Global Citizenship workshops in schools.

I am already volunteering in my local primary school and will make sure I share what I learn in Malawi with as many people as possible.

“Global Citizenship means something different to each individual volunteer. It's about challenging a personal view and considering the world from a different perspective; understanding the world from several angles and accepting differences.”

- Project Trust Staff Definition

PROJECT TRUST – Is an educational charity, sending school leavers in their year out, to work voluntarily in over 20 countries. Project Trust's aim is to provide the volunteer with an educational experience through living and working with people in communities very different to those in which they have grown up, without taking work from local people. Volunteers are selected over 4 days through a course on the Isle of Coll. They are then trained and briefed prior to going overseas and debriefed on return. Project Trust provide extensive support while volunteers are abroad.



Project Trust
The Hebridean Centre
Isle of Coll
Argyll
PA78 6TE
T: 01879 230444
E: info@projecttrust.org.uk

www.projecttrust.org.uk

Company Reg. No. 170673
Registered as a Charity in Scotland No. SCO25668

CONTACT

Thank you for taking the time to read my leaflet. If you need any other information please contact me using any of the details below.

ANY DONATION NO MATTER HOW SMALL WILL BE GREATLY APPRECIATED.

Donations of advice, raffle prizes or other practical help will also be valued.

Please make all cheques payable to **PROJECT TRUST** and send to

Laura [redacted]

[redacted]
[redacted]
[redacted]

T: [redacted]

E: [redacted]

I also have an account on the virgin money giving website where donations can be received.

[redacted]



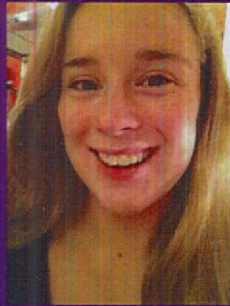
Laura's year in

PERU

with Project Trust

ABOUT ME

My name is Laura [redacted] and I am seventeen. I live in [redacted] and I am currently studying for my Advanced Highers at [redacted]



[redacted] I have always been interested in learning about other countries and study French and Spanish at school. I also love music and enjoy helping out as a young leader in my local Brownie pack.

My Project Trust adventure started with a week long selection course on the Island of Coll. In the picture below I am with two of the other participants I met during this week.



I have applied to study English and Languages at several universities and hope to hear back from them soon. However, if I am accepted, I will defer my place until 2015 so that I can volunteer with Project Trust.

FUNDRAISING

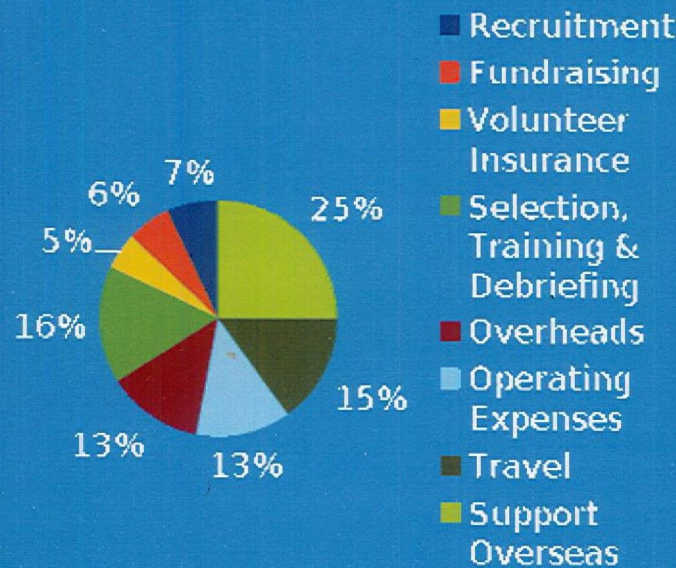
To be able to volunteer in Peru

I have to raise £5,600

Although this seems a scarily large sum, I am confident that I will be able to achieve it through different fundraising events, earnings, donations and support from charitable trusts.

I plan to hold a number of events including ceilidhs, bake sales, book swaps, a sponsored cycle ride and coffee mornings in order to help me reach this target by August 2014.

The diagram below shows how Project Trust uses the money raised through volunteer fundraising.



PERU



Although my final project placement is to be confirmed, I expect to be working in a children's home looking after the kids, helping to teach English and setting up extra-curricular activities.



The population of Peru is around 30 million people whose main language is Spanish. It has a very varied landscape, from the dry plains of the Pacific coast to the peaks of the Andes Mountains and the tropical forests of the Amazon Basin.

PROJECT TRUST

PROJECT TRUST IS AN EDUCATIONAL CHARITY WHICH SENDS VOLUNTEERS TO OVER 20 COUNTRIES. PROJECT TRUST'S AIM IS TO PROVIDE THE VOLUNTEER WITH AN EDUCATIONAL EXPERIENCE THROUGH LIVING AND WORKING WITHIN DIFFERENT CULTURES AND COMMUNITIES, WITHOUT TAKING WORK FROM THE LOCAL PEOPLE.

PROJECT TRUST IS A REGISTERED CHARITY
CHARITY NO: SC025668
COMPANY NO: 170673

FOR MORE INFORMATION PLEASE VISIT:
WWW.PROJECTTRUST.ORG.UK
EMAIL: INFO@PROJECTTRUST.ORG.UK
TELEPHONE NO: 01879 250 444

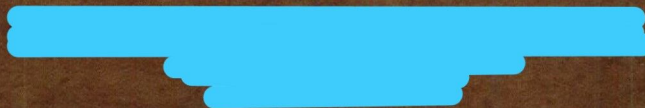
PROJECT TRUST
THE HEBRIDEAN CENTRE
ISLE OF COLL
ARGYLL
PA78 6TE

HOW CAN YOU HELP?

BY OFFERING YOUR SUPPORT, YOU WILL BE HELPING ME REACH MY GOAL. IT COULD BE A DONATION OR SIMPLE WORDS OF ADVICE.

ANY DONATION (FOR ANY AMOUNT) WOULD BE GREATLY APPRECIATED!

DONATE ONLINE:



BY CHEQUE:

PAYABLE TO PROJECT TRUST AND SENT TO



CONTACT ME:

HOME NO: [REDACTED]

EMAIL: [REDACTED]

THANK YOU!

project TRUST



ALISHA'S YEAR IN...

HONDURAS

WITH PROJECT TRUST



ABOUT ME



HI! MY NAME IS ALISHA [REDACTED] I AM 17 YEARS OLD AND I AM CURRENTLY STUDYING FOR MY A LEVELS IN PSYCHOLOGY, SPANISH AND DRAMA.

AFTER AN INTENSIVE 4 DAY SELECTION COURSE ON THE ISLE OF COLL, I HAVE BEEN SELECTED BY PROJECT TRUST TO VOLUNTEER FOR A YEAR (AUGUST 2015/16)

IT'S SURE TO BE A TRULY UNFORGETTABLE EXPERIENCE!

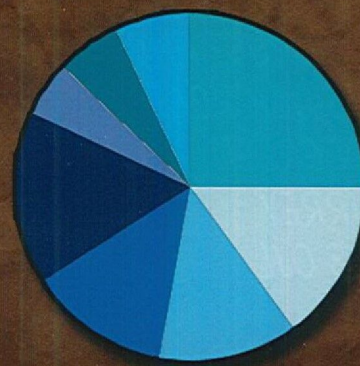
FUNDRAISING

IN ORDER FOR ME TO MAKE THIS AMAZING OPPORTUNITY POSSIBLE,

I NEED TO RAISE £5900

I HAVE A VARIETY OF FUNDRAISING EVENTS PLANNED SUCH AS A QUIZ NIGHT AND RAFFLE, A CAKE SALE, A BAG PACK AT MY LOCAL SUPERMARKET AND MUCH MORE!

WHERE DOES THE MONEY GO?



- RECRUITMENT
- FUNDRAISING
- VOLUNTEER INSURANCE
- SELECTION, TRAINING AND DEBRIEFING
- ADMINISTRATION
- OPERATING EXPENSES
- TRAVEL
- SUPPORT OVERSEAS

THIS DIAGRAM SHOWS HOW THE MONEY IS DISTRIBUTED BY PROJECT TRUST

HONDURAS

HONDURAS IS A SPANISH SPEAKING REPUBLIC LOCATED IN SOUTH AMERICA. WITH BREATHTAKING LANDSCAPES AND BEACHES, HONDURAS IS HOME TO OVER 8 MILLION INHABITANTS.

DESPITE HAVING ONE OF THE FASTEST GROWING ECONOMIES IN LATIN AMERICA, WITH PRODUCE INCLUDING MINERALS, COFFEE, TROPICAL FRUIT AND SUGAR CANE, ABOUT 50% OF THE POPULATION STILL REMAIN WELL BELOW THE POVERTY LINE.

